



# 3<sup>rd</sup> Sunday of Advent

15<sup>th</sup> December 2024



*Please pray The Rosary for a revival of faith & prayer in our homes and return to mass.*

**Mass Times & Intentions:** Rosary Monday to Friday Clonmellon 9.35am followed by Mass @ 10am  
Confessions before & after mass every Sunday, Killallon 10am & Clonmellon 11.30

**KILLALLON:** Sun 10am:  
**CLONMELLON:** Sun 11.30am: Ann. John & Marie Breen  
**Wed -St Flannan Fri** – Ann - Matt & Nancy Farrelly & d.f.m.

**KILLALLON:** Sun 10am: Ann Niamh Casserly & d.f.m.  
**CLONMELLON:** Sun 11.30am: M.M. - Assumpta McGuinness  
- Ann Christy & Lilly Gallagher



**Confessions with Priests from neighbouring parishes**

**Turs- Delvin 7.30pm Friday – Clonmellon 7.30pm**

**Put a lighted candle(s) in the window(s) of your home to remind your and your family that Jesus is welcome in your home this Christmas**

**Carol Service in Clonmellon Church on Wed 18<sup>th</sup> Dec.@6.30pm**

**Sacraments:**

**Confirmation:** Thurs 25<sup>th</sup> March 2025

**First Holy Communion:** Sunday 11<sup>th</sup> May 2025

## Advent



Christ was born into the world to be the light of all people on their way through life. Today, we renew our dedication to live as He has shown us, so that when He comes again we will be ready to receive him

**Response:** Come, Lord Jesus.

Come into our hearts. **Response**

Come into our homes. **Response**

Come to those who are lonely, **Response**

Come to those who are fearful, **Response**

Come to those who are sick, **Response**

Come to those who are poor, **Response**

Come to those who are grieving, **Response**

Come to those who have no faith, **Response**

Come to those who have no hope, **Response**

Come to those who have no love, **Response**

Come to the victims of violence, **Response**

Come to those in the grip of addictions, **Response**

Come to those in prison, **Response**

Come to us in our needs at Christmas, **Response**

### Thought for The Day

**Joy is not passive. It is active, current and we have agency to create it ourselves. We don't have to wait for it to tap us on the shoulder. Some practical advice I share is:**

**If suffering is 'like Velcro'. Negative experiences are apparently 2.5 times as impactful as positive experiences. Perhaps the key, then, is to actively look at joyful experiences 2.5 times more than negative ones?**

**Scientists have tested bloods and found that acts of kindness have a demonstrable positive effect on health.**

**Desmond Tutu tells us that living from compassion and gratitude is the start.**

**Joy is spontaneous and natural. Find the spark of joy in every situation. We can take ourselves too seriously.**

Sula Bruce